

Training Memo:

2020 AHA Guidelines Heartsaver® Courses



Original Release Date	February 25, 2021
Purpose	To provide direction and information on updates to the 2020 AHA Guidelines Heartsaver First Aid CPR AED Courses and training options for those who need first aid and/or CPR AED training.
General Information	The AHA's Heartsaver First Aid CPR AED Courses have been updated to reflect new science and training recommendations in the 2020 AHA Guidelines for CPR and ECC. The AHA has developed new Heartsaver Course materials for Instructor-led and blended learning training that will aid in providing quality and consistency in all courses.
Course Information for Training Centers and Instructors	<ul style="list-style-type: none"> • Effective June 1, 2021, only 2020 Guidelines Heartsaver Course materials can be used for conducting all Heartsaver adult or pediatric first aid and/or CPR AED courses. • BLS Training Centers and Instructors may continue to use previous stock of 2015 Guidelines version Heartsaver materials and all Heartsaver Interim Training Materials posted on the AHA Instructor Network through May 31, 2021. • Heartsaver First Aid CPR AED Courses (adult and pediatric) can be taught by current BLS or Heartsaver Instructors. Instructors must have completed their 2020 AHA Guidelines Instructor Update Course for Heartsaver before teaching new courses using new materials (deadline to complete was February 1, 2021). • Appropriate course completion cards must be issued for the course materials being used. If 2015 Guidelines version Heartsaver materials are used, a 2015 Heartsaver Card must be issued. If the new 2020 Heartsaver materials are used, a 2020 BLS Heartsaver card must be issued. <p><i>NOTE: 2015 Guidelines version Heartsaver Courses may not be taught, and 2015 Heartsaver cards may not be issued, after May 31, 2021.</i></p> <ul style="list-style-type: none"> • All Heartsaver Instructors (or BLS Instructors who teach Heartsaver) must have their own, current copy of the Heartsaver Instructor Manual (Heartsaver First Aid CPR AED Instructor Manual or Heartsaver Pediatric First Aid Instructor Manual) per the AHA Program Administration Manual (PAM). • All Heartsaver or BLS Instructors who conduct the hands-on skills session for Heartsaver blended learning courses are strongly encouraged to take the online portion of the course to better prepare for student's questions in the classroom. • Instructors are strongly encouraged to complete the Heartsaver Product & Course Orientation (P&CO) available through eLearning.Heart.org (AHA Instructor Network login required to access). The Heartsaver P&CO was created to aid Heartsaver and BLS Instructors in understanding the new course design and teaching strategies. • Instructors are strongly encouraged to visit the Heartsaver Course page on the AHA Instructor Network to learn about the 2020 Guidelines version Heartsaver course paths and instructional options.